Microsoft captures data from your PC
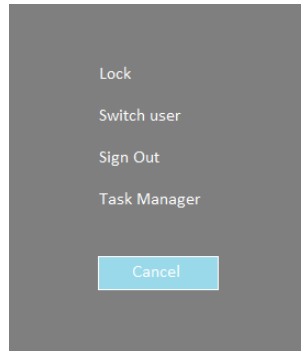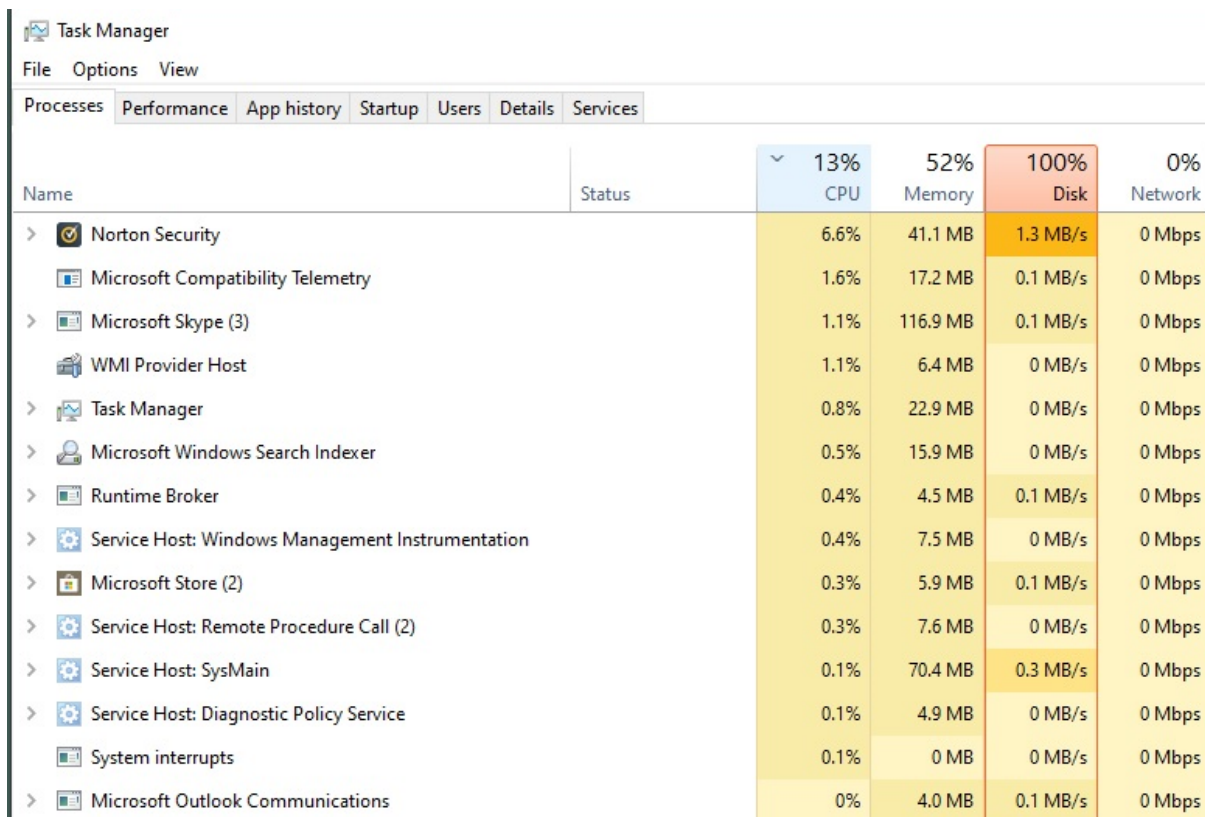
Windows 10 will send data to Microsoft if that feature is enabled in your PC settings. To see this feature in operation you can monitor it using Task Manager.

To launch Task Manager hold down (at the same time) the (Ctrl) (Alt) and (Delete) keys. Click or tap "Task Manager".
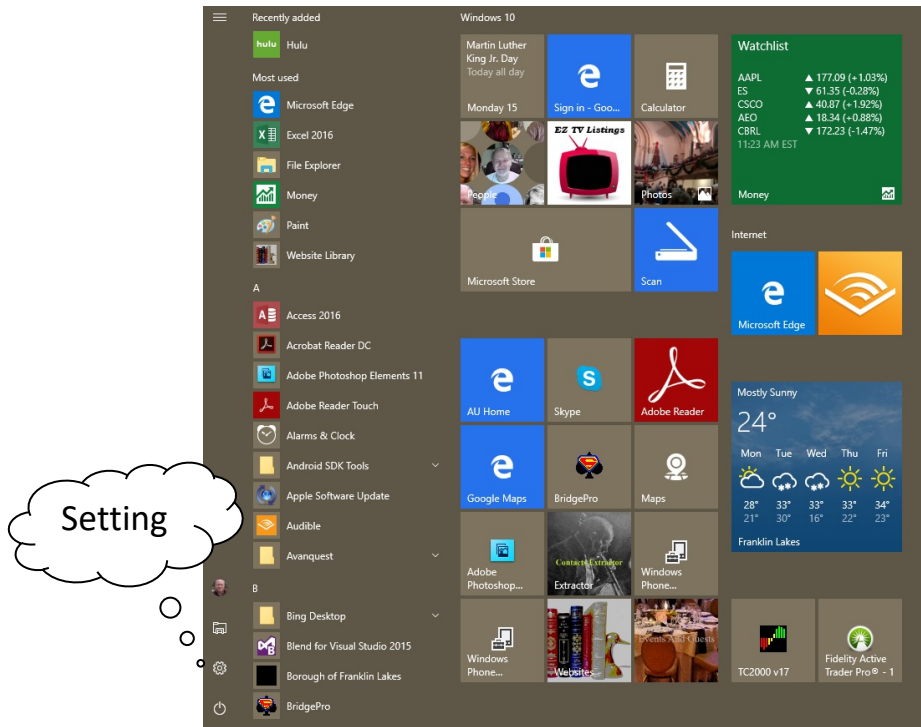

This window will appear:

Note I clicked on the column CPU. The task "Microsoft Compatibility Telemetry" under the name column is the task sending data to microsoft.

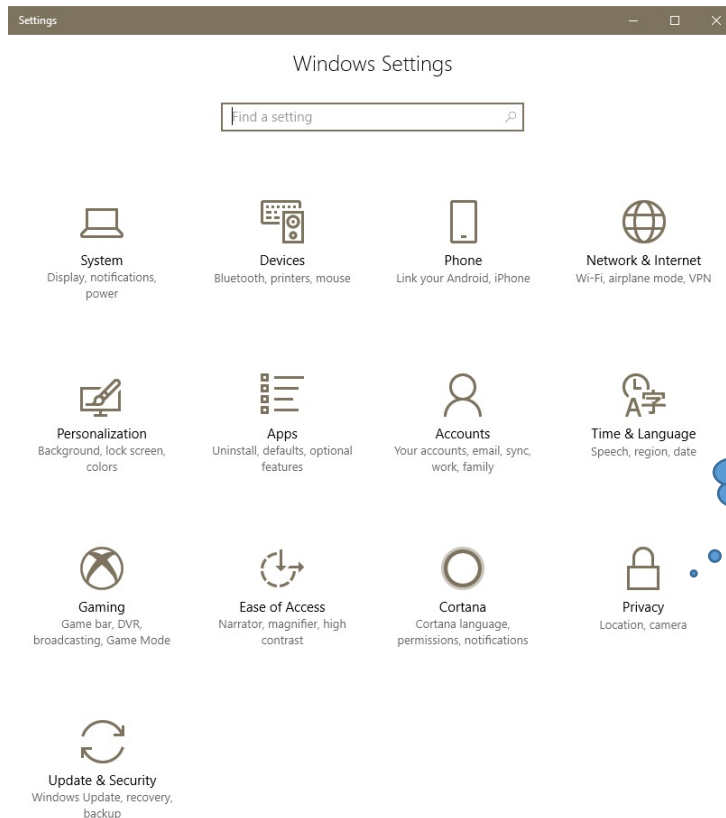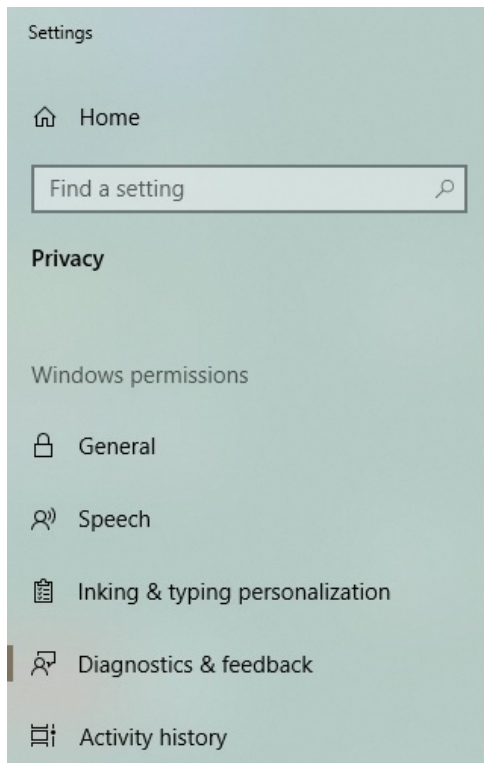This task can be turned on or off in the PC settings app.

On the start screen

Setting

Click on the cog wheel ⚙ Then click Privacy

Windows Settings

Find a setting

System
Display, notifications, power

Devices
Bluetooth, printers, mouse

Phone
Link your Android, iPhone

Network & Internet
Wi-Fi, airplane mode, VPN

Personalization
Background, lock screen, colors

Apps
Uninstall, defaults, optional features

Accounts
Your accounts, email, sync, work, family

Time & Language
Speech, region, date

Gaming
Game bar, DVR, broadcasting, Game Mode

Ease of Access
Narrator, magnifier, high contrast

Cortana
Cortana language, permissions, notifications

Privacy
Location, camera

Privacy

Update & Security
Windows Update, recovery, backup

Click on Diagnostics & Feedback

Use the radio button to either Basic or Full.

To see the change in Task Manager restart your PC first then open task manager.